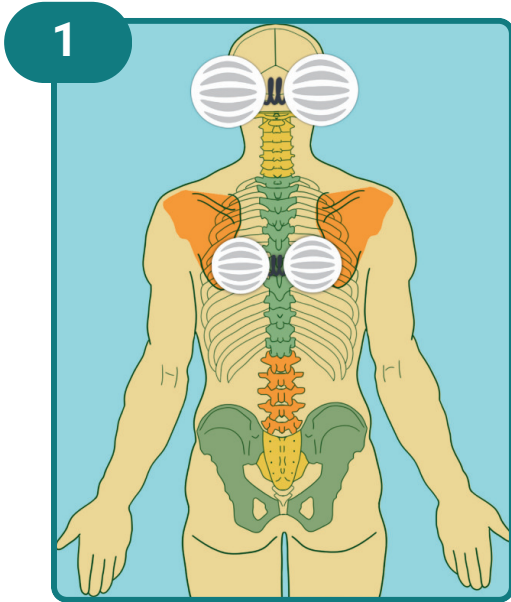
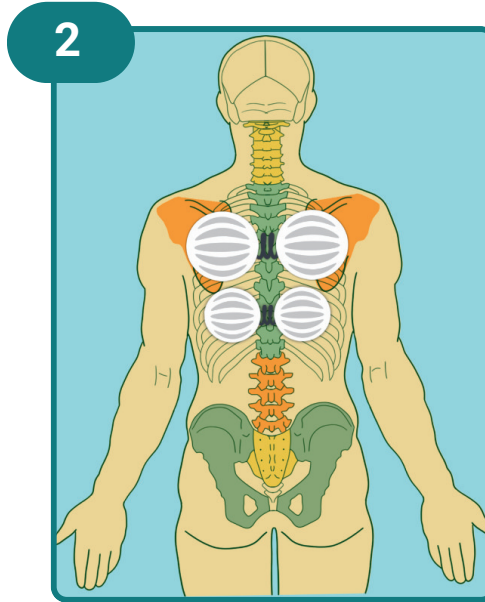


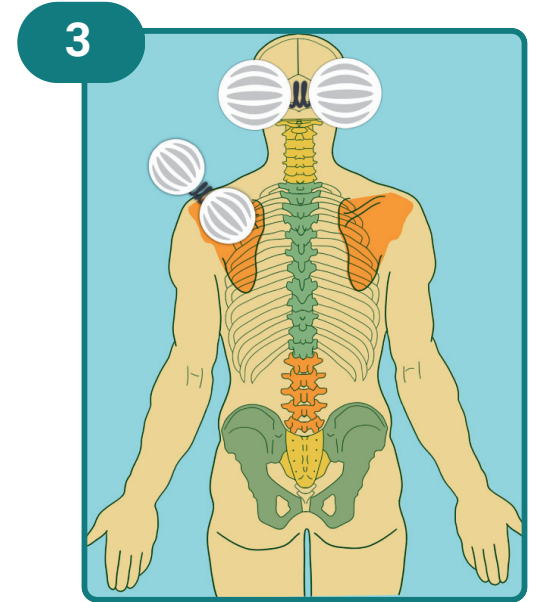
BALLance®



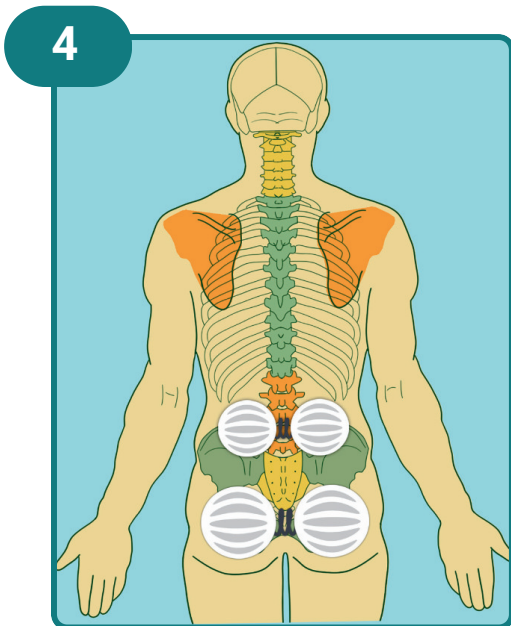
Lying on the back



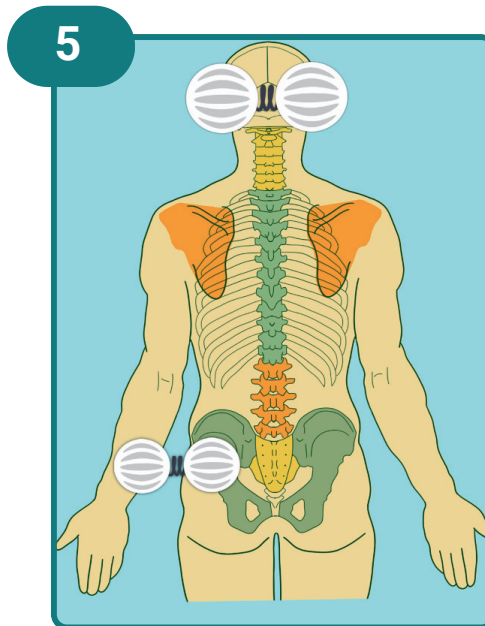
Lying on the back (step 1)



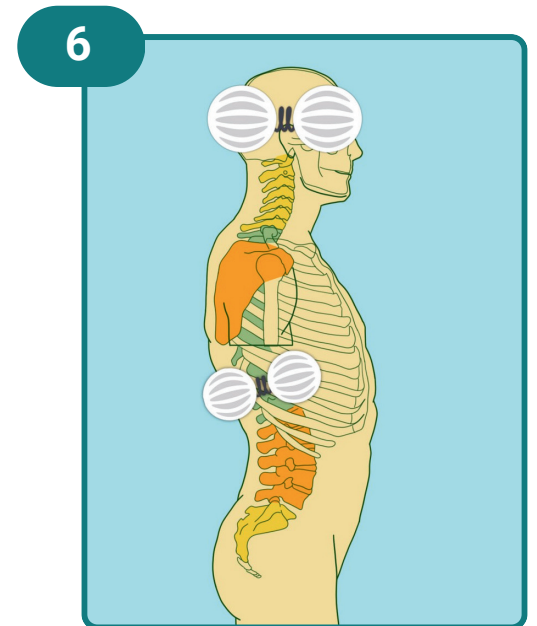
Shoulders



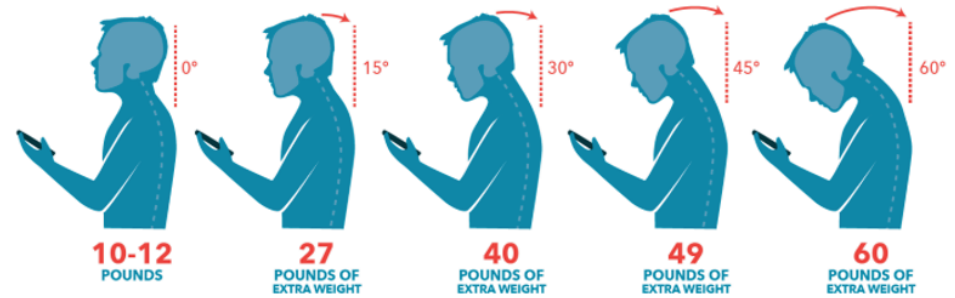
Lumbar spine and sacroiliac joint



Hips



Lying on the side



HOW MUCH EXTRA PRESSURE ARE YOU PUTTING ON YOUR SPINE?

Stable Statistics

- One-third of the German population (26.2 million in 2021) required treatment for back pain
- Similar statistics are observed worldwide.

Nonspecific Pain (90%)

- Main causes: poor posture, muscle imbalance, and overuse.
- Effectively treated with therapy and targeted training.

